



Bed Bug Treatment

LOW PREP RESIDENT CHECKLIST

A&A Pest Control uses a Low Prep approach to bed bug management. You are not expected to empty the entire residence, empty closets or dressers, move furniture, or launder all clothing unless specifically directed by your technician. Preparation focuses on providing access to sleeping/resting areas and addressing items most likely to be associated with bed bug activity.

Prep Checklist

- 🐛 Remove bedding (sheets, pillow covers, comforters, etc.) from the mattress and box spring. Bag the bedding and take it to the laundry area only when it can be placed directly into the washer or dryer, following the Laundry Directions on page 2. If you are unable to remove the bedding, tell the technician when they arrive.
- 🐛 Pick up and bag clothing and other loose items from the floor within approximately 2-3 feet of the bed or sleeping area so the technician can inspect and treat these areas.
- 🐛 Remove personal items, blankets, and bedding from sofas, chairs, recliners, or other furniture regularly used for sleeping or extended resting. Bag and launder fabrics when applicable.
- 🐛 Do not empty dressers or closets or bag all belongings. Clothing stored more than 5 feet from the bed generally does not need to be removed unless bed bug activity is visible or your technician provides specific instructions.
- 🐛 Do not move belongings or furniture into another room, hallway, or neighboring unit. Moving items can spread bed bugs to new areas.
- 🐛 Provide reasonable access to beds, sleeping areas, and frequently used seating. The technician may move or disassemble furniture as needed for inspection and treatment.

Reminders Before & After The Treatment

- 🐛 **DO NOT** self-treat before or after service. Household insecticides or other DIY products can interfere with the treatment program.
- 🐛 **DO NOT** use cleaning products on treated areas unless directed. Cleaning treated surfaces may reduce treatment effectiveness.
- 🐛 Follow all technician instructions regarding when adults, children, and pets may re-enter treated areas. Do not enter treated areas until sprays are fully dry and any additional re-entry instructions have been satisfied.
- 🐛 Fish aquariums may be left on-site. However, they should be covered, and air filters disconnected.
- 🐛 Do not introduce new or used furniture or other potentially infested items into the residence during the treatment program.
- 🐛 When visiting other units or inviting visitors into your residence, take care not to transfer bed bugs on clothing, bags, furniture, or other belongings.



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ADDITIONAL INFORMATION

The following guidelines provide steps for laundering, using mattress encasements, and follow-up services to ensure treatments are effective and help prevent future infestations.

Laundry Directions

- For items identified for laundering, use one of the following methods:
Wash in hot water (>60 C / >140 F) OR place directly in a dryer on the highest setting for a minimum of 30 minutes (>60 C / >140 F).
- Do not load the dryer beyond approximately 50% capacity so heated air can circulate through the items.
- Keep cleaned items protected from known bed bug activity until the treatment is completed.
- Clothing and fabrics associated with beds or sofas may require laundering because items that have prolonged contact with skin are not normally treated with pesticides.

Mattress Encasements

- If mattress or box spring encasements are already installed, DO NOT open or remove them before or after treatment.

Follow Up Services

- Units with confirmed live bed bug activity require follow-up service. Your Community or Property Manager will coordinate scheduling with A&A Pest Control.
- The first follow-up is typically scheduled approximately 10-14 days after the initial treatment.
- Additional preparation may be requested only when conditions such as excessive clutter, inaccessible areas, heavily infested furniture, or dispersed activity prevent effective inspection or treatment.
- Contact your Community or Property Manager if you need assistance completing the requested preparation.